

MICHAELANNE HELMS

Frostburg, MD
CreativeKinship.com

EDUCATION / CERTIFICATIONS

PRATT INSTITUTE Brooklyn, NY — Masters of Professional Studies: *Art Therapy and Creativity Development*; Graduation 10/01/2023 with Distinction, GPA 4.0

FLORIDA STATE UNIVERSITY, Tallahassee, FL — Professional Certification in *College Student Wellbeing, Trauma & Resilience*; Completed 08/09/2023

CLINICAL EXPERIENCE

Art Therapy Intern, Mind Matters Coaching, Counseling & Psychological Associates

2022-2023; Reading, PA

175-hour internship serving individual clients and groups under supervision; assessed individuals for clinical diagnoses; created treatment plans with goals, objectives and weekly interventions; documented clients' progress utilizing *Simple Practice*.

Art Therapy Intern, The Renfrew Center

2022-2023; Philadelphia, PA

175-hour internship serving clients at The Renfrew Center at the Spring Lane, Residential Eating Disorder Treatment Center under supervision; facilitated art therapy groups and individual therapy sessions; documented group progress notes as well as contributed individual progress notes toward the development of the plan of care created by the multidisciplinary treatment planning team.

Art Therapy Intern, Lancaster Behavioral Health Hospital

2021-2022; Lancaster, PA

350-hour internship with a seven person Expressive Arts Therapy team with the modalities of art, music, and movement under supervision; facilitated and co-facilitated groups including adolescent through geriatric individuals of varying acuity levels; conducted activity assessments for individuals new to the facility; documented group process notes and assessments using *Epic*.

PROFESSIONAL EXPERIENCE

Co-Instructor for ART 200-01 Ceramics Studio: Mural, Lebanon Valley College

Spring 2022; Annville, PA

Resident Artist, Lebanon Valley Council on the Arts

2018-2020; Lebanon, PA

Summer Mosaic Camps for ages 13-18, *Legacy Quilt*: intergenerational multimedia quilt-making project with adolescents and senior citizens

Co-creator of ReACH - Redemptive Arts for Community Health (DBHIDS)

2013-2014; Philadelphia, PA. Community-based therapeutic creative workshops

Teaching Artist, Sacred Heart Home: Hospice Care Facility

2011-2015; Philadelphia, PA. Facilitated groups of adolescents leading arts and crafts

Founder and Art Director, Orange Korner Arts (OKA) - Ayuda Community Center

2006-2014; Philadelphia, PA. Community-based adolescent arts program

Muralist - Nuru International, Buildabridge International

2010; Kuria District, Kenya. Facilitated mural design and painting by adolescents

2009; Antigua, Guatemala. Facilitated mural design and painting by adolescents

Teaching Artist, Working with Individuals Affected by Incarceration

2010; CAMA Services; Udon Thani, Thailand.

2009; Buildabridge International; Zacapa, Guatemala.

2008; Mural Arts Program - Restorative Justice Program; Philadelphia, PA

AWARDS AND GRANTS

Pratt Institute, Graduate with Distinction, 2023

Pratt Institute, Admissions Committee Scholarship, 2021

Leeway Foundation Art and Change Grant: *Change Partner*, Philadelphia, PA, 2015, 2016

Making a Difference Award: Health Partners Foundation, Philadelphia, PA, 2013

ADDITIONAL RELEVANT WORK

2023 Thesis: *Exploring Benefits of Art Therapy for Correctional Chaplains: An Art-based Phenomenological Study*. Pratt Institute/Proquest, October 2023

2020 Art Instructor: *Creative Camp* — Teen Haven; Lancaster, PA. Adolescents

2018 Art Instructor: *Unveiled Faces* — Unveiled Conference; Souderton, PA. Adolescents

2018 Workshop Facilitator: *¿Quien Soy? Using Arts to Integrate Personal and Organizational Missions* — The Paloma School; Lebanon, PA

2018, 2019 Workshop Facilitator: *Arts: a Skeleton Key Toward Integrated Healing* — Youth with a Mission (YWAM) Foundation for Counseling Ministry; Lebanon, PA

2016 Workshop Facilitator: *Kulture Klub: Power of Arts in the Lives of Young People* — Esperanza Capacity Institute; Philadelphia, PA

2015 Workshop Facilitator: *Leaving a Legacy: Becoming a Youth Mentor* — Esperanza Health Promoters; Philadelphia, PA

2014 Course Instructor: *Season to Sow: College Prep for the Artistic HS Student* — OKA; Philadelphia, PA

2013 Workshop Facilitator: *Printmaking: Re-Imaging Life Free From Addiction* — ReACH Coalition, Philadelphia, PA